



## CONFERENCE ABSTRACT

# Interventions in the workplace to support breastfeeding for women

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### Abstract

Support breastfeeding in work place have positive impact on the working mothers and their children, we all know the benefits of breastfeeding and few changes and support to the working mothers will help breastfeeding to continue. Workplace programs could help women to continue to breastfeed, and some programs may help women to initiate breastfeeding. By promoting and supporting the programs, employers may be able to influence the duration of breastfeeding (including exclusive breastfeeding) and so improve the health of mother and baby, but also benefit from less work absenteeism, high productivity and increased employee morale and retention.

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